**Consent Activity**

This activity is about exploring consent through different scenarios and asking peoples’ opinions and thoughts as an aid to educate them about Consent.

**Scenarios:**

A) Annie is 16 and Lucas is 17. They have been in a relationship for a while now, and Annie is ready to have sex with Lucas. Lucas is not sure about this, as it is his first time. Annie asks him if he wants to have sex with her and he says that he’s not sure. Annie says that if he doesn’t have sex with her then she feels like he doesn’t love her. Lucas agrees to have sex with Annie.

1. Is this consent (why?)
2. How might Lucas be feeling?
3. What could be the consequences?
4. What could they do differently?

B) Mike and Steven have been together for 5 years and are married. Steven tries to have sex with Mike. Mike does not want to have sex. Steven continues to have sex with Mike, even when he has said no.

1. Is this consent (why?)
2. How might Mike be feeling?
3. What is the impact on Mike?
4. What could they do differently?

C) Talia and Josh are both 16. They are at a house party and both have been drinking alcohol and smoking cannabis. Both are intoxicated. They end up having sex at the party.

1. Is this consent (why?)
2. How might they be feeling?
3. What could be the consequences of this?
4. What could they do differently?

D) Ryan and Becky are both 16 and in a happy relationship. Ryan wants to have sex and he talks to Becky about this and Becky also wants to have sex. They start kissing and Ryan checks if Becky is still wanting to, she says yes, Ryan puts on a condom and they have sex.

1. Is this consent (why?)
2. How might they be feeling?
3. What could be the consequences of this?

E) Erica and Heather are on a first date, Erica is wearing a short skirt and a low cut top that shows her cleavage. Through the date Erica and Heather are flirting a lot and Heather asks if Erin wants to come back to her place. At Heather’s house, Heather gets Erica a drink and starts to kiss her and touch Erica. Erica likes this at first but then she asks Heather to stop. Heather continues to touch Erica.

1. Is this consent (why?)
2. How might Heather be feeling?
3. How might Erica be feeling?
4. What could they do differently?

**Answer card to Scenarios:**

1. **1)** This is not consent as Annie has pressured or coerced Lucas in to having sex with her. He did not freely accept to this.

**2)** Lucas may be feeling hurt, sad, lack of trust for Annie, ashamed, regret the sex they had, as he wasn’t ready.

**3)** Annie could be done for sexual assault. That is not a healthy relationship.

**4)** Impacts on self-esteem and confidence. Annie should have accepted that Lucas was not ready.

**Remember: If someone says yes after pressuring them this does not count as consent**

1. **1)**This is not consent. **Your partner/ husband/ wife can sexually assault you and even if you have had sex with someone before it doesn’t mean that you have to have sex with them again**. Consent must be asked and given every time you have sex from both people. This should still be the case in a long-term relationship, you cannot assume that someone wants to have sex- instead ask and listen to the response.
2. **1)** This is not consent as **its not possible to consent when you are intoxicated of drugs and alcohol**. It is possible to discuss consent when you have been using drugs and alcohol but not when you are too intoxicated to know what is happening. **This is not informed consent. 2)** At the time they might be feeling ready or wanting sex as their inhibitions are lowered. They may wake up and regret it, feel ashamed or embarrassed. **3)** The consequences: STI’s or pregnancies from unprotected sex, regretting it- you might not even like that person, you’re vulnerable to sexual assault and rape. **4)** They could have waited until they were both sober and able to consent.
3. **1)This is consent.** They have both talked about it, no one is pressured they have both consented and of age to consent.

**2)**They may both be feeling listened to, respected, trusting, cared for etc.

**3)**There are little consequences, they have both consented and used protection.

1. **1) This is not consent**.

**2)** Heather may be feeling that Erica has been flirting with her and wearing a revealing outfit so she is “asking for it”. This is not true, **regardless of the amount of flirting or if someone is looking attractive, consent still needs to be gained**. Whatever someone is wearing or behaving like, no means no.

**3)** Erica could be feeling hurt, upset, ashamed, guilty etc.

**4)** Heather should have respected Erica and not continued to touch her when she said she didn’t like it.

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