|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Time/Date** | **What drugs I did and how much** | **Cost** | **Where I was using** | **Who I was using with** | **Why I did drugs** |
| **Monday** |  |  |  |  |  |
| **Tuesday** |  |  |  |  |  |
| **Wednesday** |  |  |  |  |  |
| **Thursday** |  |  |  |  |  |
| **Friday** |  |  |  |  |  |
| **Saturday** |  |  |  |  |  |
| **Sunday** |  |  |  |  |  |

 **Drugs Diary**