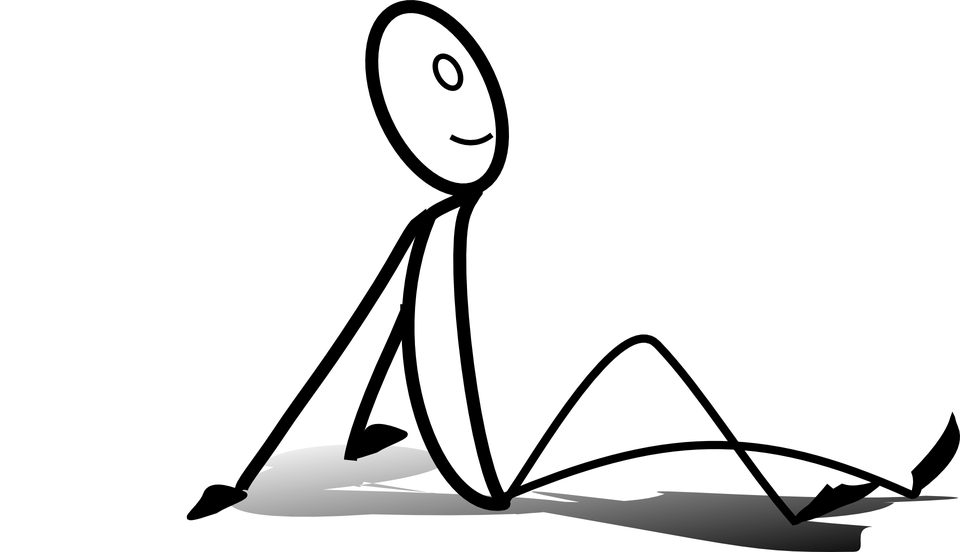
**My Relationship Circle **

It can be useful to plot the relationships you have visually so that you can see who makes up your support network.

On the grid below:

* Plot the people you feel closest to nearer the middle of the circle (near me).
* Plot the people you feel less close to nearer the outside of the circle.

Some examples of people you may want to include are:

* Parents/Guardians
* Siblings
* Wider family members
* Friends
* Partner
* Teachers
* [](https://www.google.co.uk/url?sa=i&url=https%3A%2F%2Fya-webdesign.com%2Fexplore%2Fstick-figure-sitting-png%2F&psig=AOvVaw1wAMuTElu9ZWBglweU3e7V&ust=1592560757873000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCODbqL2Ni-oCFQAAAAAdAAAAABAK)Support Agencies (e.g. CAMHS, social worker)

Me